Little Flower Children and Family Services of New York has provided quality programs and services to children and families in crisis and adults with developmental disabilities in New York City and across Long Island for over 85 years. Little Flower maintains a strong history of responding to societal needs to ensure the safety and well-being of those in our care.
MESSAGE FROM THE PRESIDENT OF BOARD OF DIRECTORS & CHIEF EXECUTIVE OFFICER

In 2015 we both took on our current leadership roles at Little Flower Children and Family Services of NY and sought to honor the past while looking toward the future. The past two years have shown much growth and achievement and we are proud of the work that has been accomplished so far and the foundation we have set for the future.

Thanks to the support and encouragement of our Board of Directors we were able to develop a strategic plan to shape and guide what we do, why we do it and how we are using the plan to help Little Flower do a better job — focusing our energy, assessing and adjusting direction in response to a changing environment, and ensuring and recognizing that at the end of the day we are all working toward the same goals. The plan is a roadmap to where we strive to be at the end of the three years and a guide toward our future.

We are happy to report that the first year of the strategic plan was successfully implemented. Our staff have been working diligently to meet the plan objectives by enacting initiatives to demonstrate employee value, recognition and appreciation; deepening relationships with legislative officials, the community and our donors; and identifying and measuring organization-wide indicators of success. We performed a development assessment and are currently working on a three year plan so that our fundraising efforts are aligned with our programmatic needs. We successfully launched care coordination through Health Homes and have seen the program grow steadily since its inception.

We opened our first residential home for adults with developmental disabilities in Nassau County welcoming four individuals into the Little Flower family. And we made significant changes to leadership roles and responsibilities to improve efficiency and effectiveness in achieving our mission. We are well on our way to advancing the plan objectives even further during year two.

As we continue to plan for the future, we remain mindful of the past. Since our founder Msgr. Bernard Quinn welcomed the first child to our campus in 1930 we have been committed to servicing the communities in which we live and work. Over the past two years we have made great strides, through partnerships, collaborations and memberships with like-minded organizations throughout the area, to be active members of the communities we serve.

We achieved this and so much more while continuing to provide the children, adults, and families we serve the care and attention they need. Thanks to the continued commitment of our Board of Directors and Staff to Little Flower’s mission, we have been able to fulfill our goals and objectives over the past two years and look toward a bright and productive future.

LEONARD SCIOSCIA
PRESIDENT
BOARD OF DIRECTORS

CORINNE HAMMONS
CHIEF EXECUTIVE OFFICER
**Pulse of Little Flower**

Every day Little Flower strives to fulfill its mission to serve children, families, and adults with developmental disabilities in need. We are proud that we were able to accomplish the following during our 2015-2016 and 2016-2017 fiscal years.

<table>
<thead>
<tr>
<th><strong>1038</strong></th>
<th><strong>105</strong></th>
<th><strong>387</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Children served in loving foster families</td>
<td>Children found their forever families through adoption</td>
<td>Children returned to their families</td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th><strong>356</strong></th>
<th><strong>277</strong></th>
<th><strong>157</strong></th>
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<tbody>
<tr>
<td>Young adults began life on their own</td>
<td>Children served in Bridges to Health</td>
<td>Youth served in the Residential Treatment Center</td>
</tr>
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<tr>
<th><strong>191</strong></th>
<th><strong>408</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Children accessed care through Health Homes</td>
<td>Adults with developmental disabilities led full lives</td>
</tr>
</tbody>
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**Strategic Plan**

In 2016, Little Flower took its first steps in growing toward our future by undergoing and implementing a three-year strategic plan. The plan centered around five objectives:

- Implement Services Aligned with Best Practices, Community Needs, and Resources
- Elevate Development as an Organizational-wide Priority
- Create a Culture of Data-Informed Decisions
- Support the Growth and Development of Staff
- Strengthen External Relationships

Implementation is spearheaded by Michelle Amato, Administrative Director, Health Care Management, and Jennifer Horsley, Director of Family Foster Care, with five captains dedicated to each objective.

The first year of the strategic plan saw much growth and achievement for Little Flower. Our staff have been working hard to meet the plan’s objectives by enacting initiatives to demonstrate employee value, recognition, and appreciation; deepening relationships with legislative officials, the community, and our donors; and identifying and measuring organization-wide indicators of success.

Key achievements have been the expansion of our programs for adults with developmental disabilities through the opening of our first residence in Nassau County, welcoming four men from the Barnard Fineson Center. We launched the care management program, Health Homes, part of the Collaborative for Children and Families (CCF) and Northwell Health, to assist youth in foster care access the critical health care they need. We have seen a steady growth in the number of children we have been able to help since the program’s inception. And, our clients and families, as well as staff, have been able to tell us how we’re doing through surveys used to help gauge satisfaction and quality of services.

We are proud of the advancements made and goals achieved and look forward to another successful year in the implementation of the strategic plan.
Support and Safety

When families are disrupted, Little Flower provides safety and care for hundreds of vulnerable children by matching displaced children with appropriate foster parents, according to their experiences, strengths and skills. While we aim for family reunification, some children are adopted into forever families or age out to begin the next steps of their lives on their own.

In addition to family care services, youth receive in-house medical and mental health services, enabling children and families in care to access quality resources for physical, emotional, and general well-being.

Our young adults are immersed in a variety of activities to help prepare them for life beyond Little Flower. From workshops to internships, our staff work closely with these youth to ensure they have the knowledge and skills to live on their own, manage their financial situations, enter and finish school and all aspects of employment.

Barbara, a 19-year-old college youth successfully applied for a Youth Ambassador internship with Little Flower. As an intern in our programs for adults with developmental disabilities in Queens, she learned and developed clerical and administrative skills. She proved to be reliable and a fast learner, often taking on new projects, one of which involved researching free summer activities for adults with developmental disabilities for use in an online directory.

Barbara was able to practice her budgeting skills, allowing her to achieve one of her short-term goals—saving for her first-ever vacation—a trip to Disney World with her foster parent. The Youth Ambassador internship has been life-changing for Barbara as she is able to go to college and has gained work experience that will give her a leg up when she enters the workforce.

Care Coordination

Little Flower offers a variety of care focused services and resources to our clients. A fairly new addition has been Health Homes, a care management model designed to help children get access to critical health care and services that support their well-being. As part of the Collaborative for Children and Families (CCF), a coalition of over 35 NYS child-serving agencies, children in our care have access to an extensive network of medical and behavioral health providers through CCF’s Children’s Health Home.

The Bridges to Health (B2H) program supports children who are medically fragile, emotionally disturbed or developmentally disabled by offering a variety of different services from which a plan is created based on the child and family’s needs, providing support for the parent (or foster parent), the child and others in the child’s life.

B2H supports permanency planning and begins while a child is in foster care and after they leave until the age of 21.

Joe’s experience in B2H starts off like many others—hesitant at first. But with the persistence of the staff, he soon came to look forward to his meetings with them. His health care integrator worker and waiver service provider helped him dig deep to help him learn more about himself as well as encouraged him to try new things.

With the program’s assistance, Joe graduated from high school and was able to acquire a job, helping him build a resume. He has achieved what many in the program hope for, permanency with his foster family as well as improved relationships with his birth family.
Hope and Healing

The children in the Residential Treatment Center (RTC) receive excellent care to achieve the best quality of life. Located on the Monsignor John T. Fagan Campus in Wading River, the RTC serves children from across Long Island and NYC and is designed as a therapeutic community based on the belief that a “healthy community” helps people heal. The integrated interdisciplinary treatment team of social workers, mental health staff, childcare staff, educators, medical professionals and a recreation therapist, formulate individualized treatment plans that address the specific needs of each resident. The RTC also offers additional therapies and services, such as the Culinary Arts Program, Campus Industry Initiative, Horticultural Therapy, and Music and Art Therapy.

The RTC is fortunate to have The Little Flower Union Free School District (UFSĐ) on campus: a Special Act Public School for students with special educational needs, providing both residential and day placements for grades three through twelve.

Youth participating in extracurricular activities have found their calling, especially youth in the Culinary Arts Program. They have competed in the Junior Iron Chef competition for the last three years and each year won the Judges coming out in the top three.

On an individual level, Adrienne has accomplished much since admission into the RTC. After struggling in school, with friends, and with her own nightmares, she has grown into a strong, confident young woman. The RTC staff never gave up on her and helped her build hope and faith in herself and found her a loving foster family. Adrienne has made great strides in her development, earning straight A’s in school—even taking advanced placement courses—and acquiring an after-school job! Adrienne looks optimistically to the future with hopes of attending Stony Brook University and so much more with her newfound confidence and strength.

Respect and Dignity

Little Flower has an unwavering commitment to providing quality services for adults with developmental disabilities. Each person, whether through Family Care, Intermediate Care Facilities (ICF), Individual Residential Alternatives (IRA), or Day Habilitation, is assisted to maximize his or her potential for self-care, social, emotional and physical development. A dedicated team of administrators, direct care workers, and clinicians work together to provide a continuum of care.

Our work with individuals with developmental disabilities has grown tremendously since the program started over 30 years ago. Over the last year, we continued to expand by opening our first residence, an IRA, in Nassau County. This new addition demonstrates the increasing need for programs and services for this population.

The four residents of the new home receive assistance and supervision in community integration, nutrition, and their overall health.

Our caregivers are a critical part of the work we do with this group, providing shelter, love, and respect. Jacqueline has greatly improved the lives and well-being of the individuals in her home through the love, care, guidance, assistance and training she provides. Each client attends day programs and jobs in the community. Jacqueline carefully and consistently works with each of them to improve life skills over time. She takes them out for walks, to the grocery store and church; in the summer, they have barbeques. She strives to “make them feel like they are normal people,” treating them with respect and as members of her own family.
OUR DONORS

Thank you for partnering with us as we continue our mission of helping children, families, and adults with developmental disabilities in need. We could not do this without your support and hope you take great pride in the important difference your support makes in the lives of those we serve!

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Ms. Niki Stefanakis

### Statement of Revenue and Expenses

**July 1, 2015 through June 30, 2016**

#### Revenue:

- **Program Revenue:**
  - Foster Boarding Home: $18,581,615
  - Bridges to Health: $4,354,745
  - Medical/Mental Health: $4,486,515
  - Residential Treatment Center: $11,233,080
  - Adult Residential Services: $8,387,545
  - Adult Day Habilitation: $538,780
  - Adult Family Care: $3,371,750
  - Adult Managed Service Coordination: $636,145
  - Elder Care: $192,750
  - Bridges to Families: $404,900
  - Total Program Revenues: $52,187,825

- **Other Revenue:**
  - Grants: $449,860
  - Contributions: $691,835
  - Fundraising & Special Events: $247,685
  - Interest & Investment Income: $(241,565)
  - Other Income: $316,065
  - Total Other Revenue: $1,463,880

- **Total Revenue:** $53,651,705

#### Expenses:

- **Program Expenditures:**
  - Foster Homes: $18,384,290
  - Bridges to Health: $3,537,920
  - Medical/Mental Health: $4,589,625
  - Residential Services: $10,210,705
  - Adult Residential Services: $7,672,320
  - Adult Day Habilitation: $493,685
  - Adult Family Care: $2,599,790
  - Adult Managed Service Coordination: $676,850
  - Elder Care: $189,255
  - Bridges to Families: $404,900
  - Total Program Operating Expenditures: $49,253,575

- **Supporting Services:**
  - Management & General: $3,342,890
  - Fundraising: $481,713
  - Total Supporting Services: $3,824,603

- **Compensation Trust Fund Withdrawals:**
  - Total Compensation Trust Fund Withdrawals: $(1,981,102)

#### Change in Net Assets

- **Net Assets:** $(964,940)

#### Total Expenditures

- **Total Costs:** $54,616,685

- **Change in Net Assets:** $(964,940)

**July 1, 2016 through June 30, 2017**

#### Revenue:

- **Program Revenue:**
  - Foster Boarding Home: $17,017,005
  - Bridges to Health: $4,202,680
  - Medical/Mental Health: $3,818,215
  - Residential Treatment Center: $11,513,715
  - Health Homes: $397,580
  - Adult Residential Services: $8,975,325
  - Adult Day Habilitation: $485,000
  - Adult Family Care: $3,432,385
  - Adult Managed Service Coordination: $766,465
  - Elder Care: $129,825
  - Bridges to Families: $437,290
  - Total Program Revenues: $51,175,485

- **Other Revenue:**
  - Grants: $221,890
  - Contributions: $354,155
  - Fundraising & Special Events: $278,155
  - Interest & Investment Income: $367,640
  - Other Income: $402,425
  - Total Other Revenue: $1,624,265

- **Total Revenue:** $52,799,750

#### Expenses:

- **Program Expenditures:**
  - Foster Homes: $16,035,775
  - Bridges to Health: $3,351,650
  - Medical/Mental Health: $4,244,790
  - Residential Services: $10,018,745
  - Health Homes: $738,700
  - Adult Residential Services: $7,798,360
  - Adult Day Habilitation: $529,905
  - Adult Managed Service Coordination: $710,480
  - Elder Care: $169,625
  - Bridges to Families: $301,345
  - Grants: $200,175
  - Total Program Operating Expenditures: $46,674,440

- **Supporting Services:**
  - Management & General: $4,793,995
  - Fundraising: $595,995
  - Total Supporting Services: $5,389,990

- **Compensation Trust Fund Withdrawals:**
  - Total Compensation Trust Fund Withdrawals: $(1,914,235)

#### Change in Net Assets

- **Net Assets:** $735,320

#### Total Expenditures

- **Total Costs:** $52,064,430

- **Change in Net Assets:** $735,320
HELP MAKE A DIFFERENCE IN THE LIVES OF THOSE WE SERVE

Do you want to get involved with Little Flower or learn more about what we do? Here are some ways you can help:

Donate Online: https://www.littleflowerny.org/donate/

Host a Drive:
- Toy Drive: We are always in need of toys and gifts for the youth in our care. Whether it’s Christmas, birthdays or milestones like graduation, gift cards, clothing, electronics, books and other items are always appreciated!
- Back to School Drive: You can help provide a child with a backpack filled with the essential items (notebooks, pens, pencils, flash drives, etc.) needed for a successful year!

Stock and Real Estate Gifts:
Make a lasting contribution and receive tax benefits such as charitable income tax deductions and capital gains tax savings by donating appreciated assets.

Leave a Legacy:
One of the easiest ways to support Little Flower is to make a bequest in a Will or designate Little Flower as a beneficiary of an insurance policy. IRA, 401 (k), 403 (b) or other qualified pension plans.

If you have already named Little Flower as a beneficiary, please let us know so that we may have the opportunity to thank you.

Matching Gifts:
Many companies offer matching gift programs to encourage employees to contribute to charitable organizations. Some even provide matching funds to support employee volunteer hours! Most of these programs match contributions dollar to dollar!

Check with your company to see if it offers a matching gift program that will match your gift or your volunteer hours to Little Flower. If a program isn’t offered, ask to start one!

Volunteer:
We rely on the generous donation of time from the many individuals and corporations who help us. We need volunteers for many activities at all of our various locations.

If you would like more information on how to get involved with Little Flower, please call 631-929-6200.

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